



ALICE WIGGINS

@Glutenfreealice



ABOUT ME

Hi I'm Alice, a 26 year old gluten and dairy free food blogger who's main aim is to show that having allergies and intolerances doesn't mean you should miss out on eating delicious food! I use my social media platforms to share gluten and dairy free recipes, meal ideas, new products, eating out tips and to provide a helping hand for anyone struggling! You can find me over on Instagram, Twitter and Facebook by searching for @glutenfreealice

35K

FOLLOWERS

Includes Instagram, Twitter and Facebook

Up to

60K

IMPRESSIONS

Per Instagram post

Over

120K

WEBSITE VIEWS

As of September 2019

MY DEMOGRAPHIC

My main target audience is anyone going through the transition of being diagnosed with Coeliac disease, or anyone with a food allergy/intolerance looking for some food inspiration or help. My stats show that 89% of my followers are female, and 65% of those are between the ages of 18-44, with 55% living in the UK.

WANT TO WORK WITH ME?

I love working with gluten and dairy free brands to promote products and create recipes to share with my followers. I've previously worked with brands such as Asda, Genius Gluten Free, Knorr, Pure Free From, Old El Paso, Warburton's Gluten Free, The Coop, Freee by Doves Farm and Holland & Barrett.

If you'd like to discuss working together, please email me on glutenfreealice@yahoo.com for more details